

EventDescr	Team Pos	Team Time	Team Name	Pos in Team	RaceNo	Name	Overall Pos	Finish Time
10K	1	03:12:15	Penny Lane Striders	1	16997	Charlotte Rawcliffe	31	00:45:56
10K	1	03:12:15	Penny Lane Striders	2	17002	Joe Abbott	43	00:47:06
10K	1	03:12:15	Penny Lane Striders	3	17004	Sara Kelly	49	00:47:40
10K	1	03:12:15	Penny Lane Striders	4	16999	Helen Osborne	110	00:51:31
10K	2	03:19:37	Redbridge Runners	1	17025	Lee Hawkins	30	00:45:53
10K	2	03:19:37	Redbridge Runners	2	17016	Ben Farley	33	00:46:07
10K	2	03:19:37	Redbridge Runners	3	17012	Peter Chadwick	115	00:51:51
10K	2	03:19:37	Redbridge Runners	4	17014	Paul Cronin	169	00:55:45
10K	3	03:39:40	Rhyl High School	1	17028	Chris Graham	109	00:51:30
10K	3	03:39:40	Rhyl High School	2	17033	Mike Pritchard	141	00:53:45
10K	3	03:39:40	Rhyl High School	3	17027	Peter Brodey	159	00:55:20
10K	3	03:39:40	Rhyl High School	4	17031	Graham Phillips	233	00:59:02
10K	4	03:58:03	Penny Lane Striders	1	17003	Matthew Forshaw	166	00:55:36
10K	4	03:58:03	Penny Lane Striders	2	16995	Elinor Chapman	206	00:57:50
10K	4	03:58:03	Penny Lane Striders	3	16996	Claire Meadows	212	00:58:00
10K	4	03:58:03	Penny Lane Striders	4	17001	Joanne Edwards	374	01:06:35
10K	5	04:04:00	Redbridge Runners	1	17026	Freddie Nyathi	193	00:57:00
10K	5	04:04:00	Redbridge Runners	2	17005	Cormac Burke	253	01:00:00
10K	5	04:04:00	Redbridge Runners	3	17006	Barry Ren	254	01:00:00
10K	5	04:04:00	Redbridge Runners	4	17015	Victoria Cobain	383	01:07:00
10K	6	04:03:01	Mums to Marathons	1	16975	Anne Fleming	269	01:00:26
10K	6	04:03:01	Mums to Marathons	2	16990	Kerry Roberts	270	01:00:27
10K	6	04:03:01	Mums to Marathons	3	16984	Trish Monks	284	01:01:02
10K	6	04:03:01	Mums to Marathons	4	16978	Julie Hood	286	01:01:04
10K	7	04:08:41	Total Fitness Aintree	1	17073	David Williams	241	00:59:27
10K	7	04:08:41	Total Fitness Aintree	2	17063	Michelle Patterson	285	01:01:02
10K	7	04:08:41	Total Fitness Aintree	3	17070	Smith Sarah	329	01:04:04
10K	7	04:08:41	Total Fitness Aintree	4	17062	Julie Graves	330	01:04:05
10K	8	04:12:46	Mums to Marathons	1	16981	Steph Roberts	302	01:01:33
10K	8	04:12:46	Mums to Marathons	2	16973	Christine Avis	321	01:03:37
10K	8	04:12:46	Mums to Marathons	3	16974	Helen Smith	322	01:03:42
10K	8	04:12:46	Mums to Marathons	4	16985	Laura Farrell	327	01:03:52
10K	9	04:13:17	Rhyl High School	1	17034	Mark Hamill	262	01:00:18
10K	9	04:13:17	Rhyl High School	2	17032	Raye Phillips	273	01:00:34
10K	9	04:13:17	Rhyl High School	3	17035	Nick Ecob	348	01:04:59
10K	9	04:13:17	Rhyl High School	4	17030	Lindsay Lloyd	389	01:07:23
10K	10	04:21:17	FOMP	1	16959	Chris Beasley	162	00:55:31
10K	10	04:21:17	FOMP	2	16958	Sarah Thomson	294	01:01:19
10K	10	04:21:17	FOMP	3	16957	Sue Deaves	434	01:12:12
10K	10	04:21:17	FOMP	4	16956	Elizabeth Van Duyvenbode	435	01:12:13
10K	11	04:22:20	Mums to Marathons	1	16982	Nicki Garland	341	01:04:21
10K	11	04:22:20	Mums to Marathons	2	16976	Kate Elson	360	01:05:31
10K	11	04:22:20	Mums to Marathons	3	16987	Ann Sharp	369	01:06:08
10K	11	04:22:20	Mums to Marathons	4	16972	Gemma Wood	370	01:06:18
10K	12	04:32:47	Total Fitness Aintree	1	17067	Irene Flynn	331	01:04:05
10K	12	04:32:47	Total Fitness Aintree	2	17071	Emma Potts	407	01:08:53
10K	12	04:32:47	Total Fitness Aintree	3	17061	Ruth O'brien	408	01:08:54
10K	12	04:32:47	Total Fitness Aintree	4	17059	Yvonne Toner	420	01:10:52
10K	13	04:39:19	Mums to Marathons	1	16980	Hayley Mcnicholas	385	01:07:12
10K	13	04:39:19	Mums to Marathons	2	16979	Debbie Griffin	410	01:09:05
10K	13	04:39:19	Mums to Marathons	3	16977	Maria Potter	425	01:11:10
10K	13	04:39:19	Mums to Marathons	4	16989	Corinne Jones	431	01:11:50
10K	14	06:00:00	Redbridge Runners	1	17008	Tia Donaldson	470	01:30:00
10K	14	06:00:00	Redbridge Runners	2	17009	Joanne Muldoon	471	01:30:00
10K	14	06:00:00	Redbridge Runners	3	17011	Lizzie Higgins	472	01:30:00
10K	14	06:00:00	Redbridge Runners	4	17020	Rachel Woods	473	01:30:00