

EventDescr	Team Pos	Team Time	Team Name	Pos in Team	RaceNo	Name	ClubName	Overall Pos	Finish Time
10k	1	03:07:49	VonsyRunners	1	18304	Henryk Sobieraj	VonsyRunners	11	00:41:05
10k	1	03:07:49	VonsyRunners	2	18303	Lukasz Trybula	VonsyRunners	12	00:41:11
10k	1	03:07:49	VonsyRunners	3	18302	Filip Krystkowiak	VonsyRunners	71	00:48:27
10k	1	03:07:49	VonsyRunners	4	18305	Witold Winiarski	VonsyRunners	220	00:57:03
10k	2	03:25:32	Tregarthen's Taxis	1	18297	Mike Beeson	Tregarthen's Taxis	23	00:42:48
10k	2	03:25:32	Tregarthen's Taxis	2	18299	Andy Egger	Tregarthen's Taxis	43	00:44:56
10k	2	03:25:32	Tregarthen's Taxis	3	18300	Helen Wingfield	Tregarthen's Taxis	254	00:58:37
10k	2	03:25:32	Tregarthen's Taxis	4	18298	Andy Tregarthen	Tregarthen's Taxis	267	00:59:08
10k	3	03:26:15	Team Quinn	1	18294	Reece Quinn	Team Quinn	41	00:44:48
10k	3	03:26:15	Team Quinn	2	18293	Aidan Quinn	Team Quinn	118	00:52:01
10k	3	03:26:15	Team Quinn	3	18295	Andrea Quinn	Team Quinn	124	00:52:16
10k	3	03:26:15	Team Quinn	4	18292	Louise Quinn	Team Quinn	222	00:57:07
10k	4	03:36:41	Quadrant Gym the Mo-tivators!	1	18249	Oliver Nenadovic	Quadrant Gym the Mo-tivators!	60	00:46:47
10k	4	03:36:41	Quadrant Gym the Mo-tivators!	2	18247	Jacqui Joseph	Quadrant Gym the Mo-tivators!	169	00:54:13
10k	4	03:36:41	Quadrant Gym the Mo-tivators!	3	18251	Daniel Seward	Quadrant Gym the Mo-tivators!	199	00:55:39
10k	4	03:36:41	Quadrant Gym the Mo-tivators!	4	18250	Noreen Mccarrick	Quadrant Gym the Mo-tivators!	292	00:59:59
10k	5	03:53:53	Stevenage Striders	1	18279	Marc Hagland	Stevenage Striders	127	00:52:21
10k	5	03:53:53	Stevenage Striders	2	18282	Robin Hester	Stevenage Striders	283	00:59:35
10k	5	03:53:53	Stevenage Striders	3	18281	Russ Andrews	Stevenage Striders	334	01:00:57
10k	5	03:53:53	Stevenage Striders	4	18280	Colin Fenwick	Stevenage Striders	335	01:00:57
10k	6	04:02:36	Dacorum & Tring AC	1	18192	John Cooper	Dacorum & Tring AC	212	00:56:27
10k	6	04:02:36	Dacorum & Tring AC	2	18193	Samantha Hawkridge	Dacorum & Tring AC	329	01:00:48
10k	6	04:02:36	Dacorum & Tring AC	3	4578	Rebecca White	Dacorum & Tring AC	369	01:02:07
10k	6	04:02:36	Dacorum & Tring AC	4	17577	Annette Howard	Dacorum & Tring AC	395	01:03:11
10k	7	04:06:39	Dunstable Road Runners	1	18200	Samantha Polman	Dunstable Road Runners	181	00:54:57
10k	7	04:06:39	Dunstable Road Runners	2	18201	Tara Shorey	Dunstable Road Runners	336	01:01:01
10k	7	04:06:39	Dunstable Road Runners	3	18194	Adam Mitchell	Dunstable Road Runners	444	01:05:18
10k	7	04:06:39	Dunstable Road Runners	4	18197	Shelah Surgey	Dunstable Road Runners	446	01:05:21
10k	8	04:14:29	Quadrant Gym the Mo-tivators!	1	18255	Sunny Modhara	Quadrant Gym the Mo-tivators!	293	00:59:59
10k	8	04:14:29	Quadrant Gym the Mo-tivators!	2	18248	Catherine Celine	Quadrant Gym the Mo-tivators!	321	01:00:37
10k	8	04:14:29	Quadrant Gym the Mo-tivators!	3	18252	Alex Jerome	Quadrant Gym the Mo-tivators!	419	01:04:16
10k	8	04:14:29	Quadrant Gym the Mo-tivators!	4	18253	Holly Sains	Quadrant Gym the Mo-tivators!	555	01:09:35
10k	9	04:25:05	Team AEPT	1	18287	Lauren Walter	Team AEPT	239	00:58:14
10k	9	04:25:05	Team AEPT	2	18285	Alex Morgan	Team AEPT	240	00:58:14
10k	9	04:25:05	Team AEPT	3	18289	Judith Bull	Team AEPT	648	01:14:17
10k	9	04:25:05	Team AEPT	4	18286	Emma Morgan	Team AEPT	649	01:14:18
10k	10	04:25:40	MK Shakers	1	18231	Sam Bates	MK Shakers	153	00:53:52
10k	10	04:25:40	MK Shakers	2	18232	Brett Burgess	MK Shakers	373	01:02:22
10k	10	04:25:40	MK Shakers	3	18235	Sam Fairweather	MK Shakers	655	01:14:41
10k	10	04:25:40	MK Shakers	4	18234	Claire Burgess	MK Shakers	656	01:14:42
10k	11	04:29:32	Castlethorpe Ladies	1	18187	Zoe Clayton	Castlethorpe Ladies	237	00:58:07
10k	11	04:29:32	Castlethorpe Ladies	2	18188	Charlotte Roberts	Castlethorpe Ladies	520	01:08:26
10k	11	04:29:32	Castlethorpe Ladies	3	18183	Joanne Graham	Castlethorpe Ladies	560	01:09:58
10k	11	04:29:32	Castlethorpe Ladies	4	18189	Natalie Westwood	Castlethorpe Ladies	637	01:12:59
10k	12	04:41:19	Oxford Vaccine Group	1	18242	Lisa Lyon	Oxford Vaccine Group	287	00:59:48
10k	12	04:41:19	Oxford Vaccine Group	2	18241	Carrie White	Oxford Vaccine Group	428	01:04:32
10k	12	04:41:19	Oxford Vaccine Group	3	18240	Rachel White	Oxford Vaccine Group	527	01:08:34
10k	12	04:41:19	Oxford Vaccine Group	4	18239	Jess Knedler	Oxford Vaccine Group	727	01:28:23
10k	13	04:49:34	Redway Runners	1	18265	Jo Walls	Redway Runners	477	01:06:27
10k	13	04:49:34	Redway Runners	2	18266	Neil Irving	Redway Runners	542	01:09:05
10k	13	04:49:34	Redway Runners	3	18264	Vicky Allen	Redway Runners	650	01:14:19
10k	13	04:49:34	Redway Runners	4	18262	Tracy Nuttall	Redway Runners	690	01:19:41
10k	14	04:49:53	Slimming World MK	1	18276	Monique Sutherland	Slimming World MK	185	00:55:08
10k	14	04:49:53	Slimming World MK	2	18269	Lynsey Hall	Slimming World MK	670	01:15:31
10k	14	04:49:53	Slimming World MK	3	18274	Jane Hammonds	Slimming World MK	680	01:17:26
10k	14	04:49:53	Slimming World MK	4	18275	Hannah Chalk	Slimming World MK	704	01:21:45