

EventDescr	Team Pos	Team Time	Team Name	Pos in Team	RaceNo	Name	Overall Pos	Finish Time
5k	1	01:46:39	JAM Recruitment Ltd	1	4835	August Johanson	4	00:20:56
5k	1	01:46:39	JAM Recruitment Ltd	2	4837	Patrick Mennion	34	00:27:44
5k	1	01:46:39	JAM Recruitment Ltd	3	4838	Steven Vincent	35	00:27:45
5k	1	01:46:39	JAM Recruitment Ltd	4	4832	Nathan Blake	60	00:30:12
5k	2	01:51:53	Nuns On The Run	1	4813	Paul Webster	29	00:26:58
5k	2	01:51:53	Nuns On The Run	2	4801	Stuart Fox	30	00:26:58
5k	2	01:51:53	Nuns On The Run	3	4802	Paul Slater	43	00:28:20
5k	2	01:51:53	Nuns On The Run	4	4815	Gareth Bowe	55	00:29:34
5k	3	01:57:25	Addicted to 5K	1	4790	Abdul Ahmed	19	00:25:15
5k	3	01:57:25	Addicted to 5K	2	4787	Haris Ahmed	21	00:25:35
5k	3	01:57:25	Addicted to 5K	3	4788	Asia Bi	80	00:31:15
5k	3	01:57:25	Addicted to 5K	4	4789	Sameena Abbas	137	00:35:17
5k	4	02:09:05	Nuns On The Run	1	4784	James Bowe	56	00:29:34
5k	4	02:09:05	Nuns On The Run	2	4808	Dominic Lowe	84	00:31:19
5k	4	02:09:05	Nuns On The Run	3	4814	Rick Arpino	96	00:32:51
5k	4	02:09:05	Nuns On The Run	4	4805	Stephen Thorpe	138	00:35:17
5k	5	02:10:25	JAM Recruitment Ltd	1	4831	Lee Cartney	85	00:31:26
5k	5	02:10:25	JAM Recruitment Ltd	2	4841	Iain Knox	87	00:31:39
5k	5	02:10:25	JAM Recruitment Ltd	3	4840	Ruth Kelly	104	00:33:29
5k	5	02:10:25	JAM Recruitment Ltd	4	4836	Brian Frew	114	00:33:47
5k	6	02:37:02	Nuns On The Run	1	4806	Ruby Thorpe	156	00:36:40
5k	6	02:37:02	Nuns On The Run	2	4807	Katy Edwards	157	00:36:40
5k	6	02:37:02	Nuns On The Run	3	4804	Dean Martin	183	00:38:46
5k	6	02:37:02	Nuns On The Run	4	4812	Glen Hepburn	213	00:44:53